



J's nutrient profile

Ingredients

367 g	or	13 1/8 oz	Beef, ground, 95% lean meat / 5% fat, raw [□]
17 g	or	3 3/4 tsp	Oil, canola [□]
0.92 g	or	1 mL	Nordic Naturals Omega-3 Pet Liquid [□]
46 g	or	1/4 cup	Rice, white, long-grain, regular, raw, unenriched [□]
68 g	or	5/8 cup slices	Apples, raw, with skin [□]
21 g	or	3/16 cup grated	Carrots, raw [□]
12 g	or	1/16 cup	Peas, green, split, mature seeds, raw [□]
48 g	or	3/8 cup sliced	Squash, summer, crookneck and straightneck, raw [□]
3.38 g	or	9/16 tsp	<u>Morton Iodized Salt</u> [□]
10.31 g	or	4 1/8 teaspoon	<u>Balance IT® Canine (2.5 g/tsp)</u> [□]
15 g	or	1/2 fl oz	<u>Water, tap, municipal</u> [□]

Some ingredients may have an undefined value for some nutrients. This results in the value being treated as zero which may result in the value being under-reported. Also many nutrients are typically and safely many times higher than the minimum requirement. If additional information about a particular nutrient amount is needed and you are a veterinarian, please contact us.

Caloric distribution	● Protein calories	40.13%
	● Fat calories	37.16%
	● Carbohydrate calories	22.71%



*These “% calories” values are better for comparing diets, but different from “% as fed” values found on pet food labels. To convert pet food labels, use the free online “Guaranteed Analysis Converter” available under the Support tab. Please see Cautions in recipe reports for additional important information.

Total calories fed: **888.4 kcal/day**
OR **99.76%** of the calculated requirement

Nutrients A quick look at how fortifying J's recipe with a supplement can provide all the goodness they need to thrive.
Total Cooked Mass: 600.51 g E Density: 1.48 kcal/g as is, 4.74 kcal/g DM % Moisture: 68.61% | Also See Nutrient 255 Water Below

AAFCO-NRC

Bar Graph:

Not Shown. Show Numerical Percentages

Nutrient ID	Nutrient Name	Requirement Range	Amount (per Mcal)	% of Requirement (with supplement)	% of Requirement (without supplement)	
[10000...1]	Iodine	0.25 to 2.75 mg	0.65 mg	261.04%	2.89%	
[328]	Vitamin D (D2 + D3)	125 to 750 IU, Vit D	133.57 - 134.64 IU, Vit D	106.86% - 107.71%	4.73% - 5.58%	
[301]	Calcium, Ca	1.25 to 6.25 g	1.83 g	146.71%	5.65%	
[1000021]	Ca:P ratio	1 to 2	1.02	102.09%	8.12%	
[312]	Copper, Cu	1.83 to No Max mg	2.26 mg	123.29%	27.34%	
[404]	Thiamin	0.56 to No Max mg	0.58 - 0.80 mg	104.00% - 143.05%	37.47% - 76.53%	
[405]	Riboflavin	1.30 to No Max mg	1.64 - 1.74 mg	126.35% - 134.04%	45.11% - 52.80%	
[320]	Vitamin A, RAE	375 to 18750 mcg_RAE	602.63 - 641.16 mcg_RAE	160.70% - 170.98%	55.42% - 65.69%	
[421]	Choline, total	340 to No Max mg	497.90 - 588.25 mg	146.44% - 173.01%	62.78% - 89.36%	

[315]	Manganese , Mn	1.25 to No Max mg	2.23 mg	178.08%	72.99%
[304]	Magnesium, Mg	0.15 to No Max g	0.21 g	140.25%	78.30%
[410]	Pantothenic acid	3 to No Max mg	4.42 – 5.04 mg	147.37% – 167.91%	80.25% – 100.79%
[323]	Vitamin E (alpha-tocopherol)	12.50 to No Max IU, Vit E	62.48 – 63.04 IU, Vit E	499.82% – 504.35%	83.88% – 88.42%
[305]	Phosphorus , P	1 to 4 g	1.80 g	179.64%	87.03%
[418]	Vitamin B-12	0.01 to No Max mg	0.01 – 0.02 mg	184.07% – 225.41%	89.57% – 130.91%
[317]	Selenium, Se	0.08 to 0.50 mg	0.13 mg	157.51%	105.29%
[306]	Potassium, K	1.50 to No Max g	2.75 g	183.41%	105.33%
[309]	Zinc, Zn	20 to No Max mg	54.10 mg	270.50%	116.73%
[303]	Iron, Fe	10 to No Max mg	31.23 mg	312.32%	121.30%
[501]	Tryptophan	0.40 to No Max g	0.67 g	168.36%	126.87%
[307]	Sodium, Na	0.20 to 2.50 g	1.87 g	936.59%	131.85%
[435]	Folate, DFE	90.20 to No Max mcg_DFE	190.92 – 236.68 mcg_DFE	211.66% – 262.39%	134.46% – 185.20%
[10000...0]	Chloride	0.30 to No Max g	2.90 g	965.23%	136.60%
[618]	18:2 undifferentiated	2.80 to 16.30 g	4.49 g	160.44%	160.44%

[203]	Protein	45 to No Max g	94.43 g	209.84%	209.84%
[100101...]	Methionine-cystine	1.63 to No Max g	3.43 g	210.14%	210.14%
[415]	Vitamin B-6	0.38 to No Max mg	1.15 - 1.77 mg	302.49% - 466.90%	213.78% - 378.18%
[506]	Methionine	0.83 to No Max g	2.40 g	289.74%	289.74%
[204]	Total lipid (fat)	13.80 to No Max g	41.68 g	302.00%	302.00%
[502]	Threonine	1.20 to No Max g	3.66 g	305.19%	305.19%
[508]	Phenylalanine	1.13 to No Max g	3.74 g	330.83%	330.83%
[1001017]	Phenylalanine-tyrosine	1.85 to No Max g	6.64 g	359.06%	359.06%
[510]	Valine	1.23 to No Max g	4.69 g	380.99%	380.99%
[504]	Leucine	1.70 to No Max g	7.37 g	433.29%	433.29%
[503]	Isoleucine	0.95 to No Max g	4.17 g	438.63%	438.63%
[505]	Lysine	1.58 to No Max g	7.61 g	481.96%	481.96%
[511]	Arginine	1.28 to No Max g	6.22 g	485.67%	485.67%
[512]	Histidine	0.48 to No Max g	3.02 g	629.45%	629.45%
[406]	Niacin	3.40 to No Max mg	24.78 - 26.00 mg	728.75% - 764.56%	646.73% - 682.54%
[2000021]	LA+AA:EPA+DHA	No Min to 30	16.60	N/A	N/A
[2000022]	LA+AA:ALA+EPA+DHA	No Min to 30	2.18	N/A	N/A